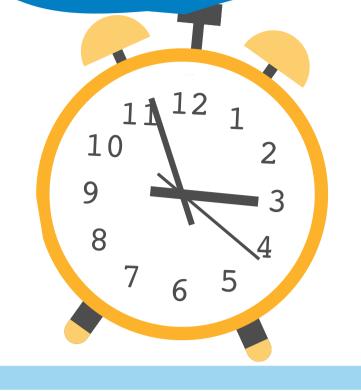


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Challenge one

Use the timetable to answer all parts of the questions below.

Explore Travel – train timetable				
Birmingham	12:15	13:45	14:15	
Shrewsbury	13:05	14:25	15:05	
Newport	14:35	15:55	16:35	
Cardiff	14:50	16:10	16:50	



- 1. How long does it take to travel from Birmingham to Newport?
- 2. The train from Birmingham to Cardiff was delayed by an hour and a half. What time did the 13:45 arrive in Newport?

The timetable needs adjusting for winter. The train needs 3 mins extra between each station. Complete the table to reflect these changes.

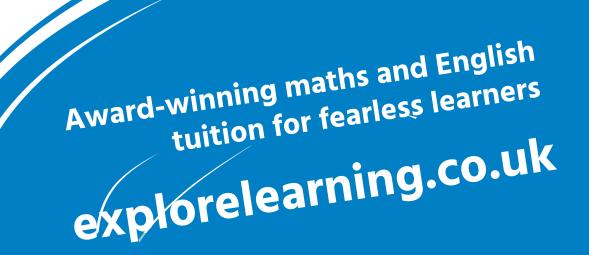
Explore Travel – Train timetable				
Birmingham	12:15	13:45	14:15	
Shrewsbury	13:08			
Newport		16:01		
Cardiff				



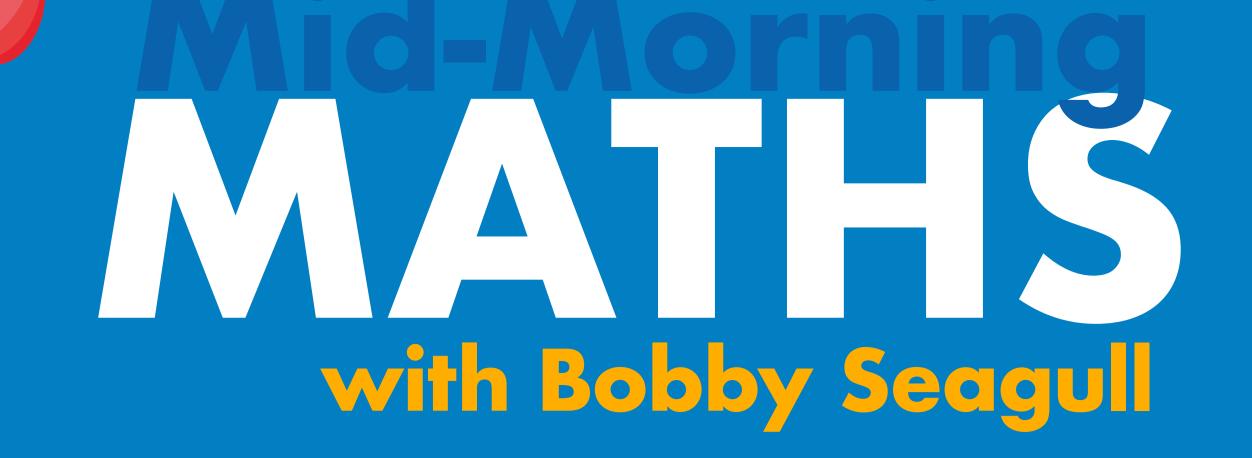
Challenge two

Complete the questions. How many can you do mentally?

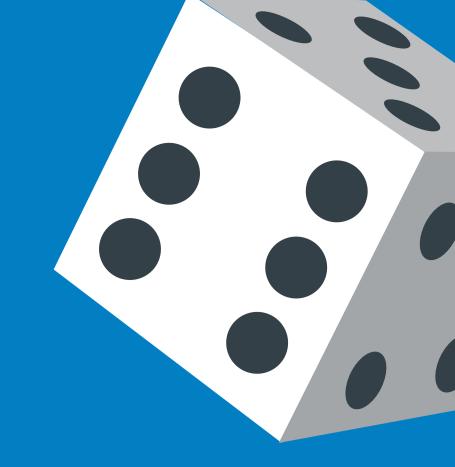
- 1. Jenny takes 110 minutes to complete her run. How many hours and minutes is this?
- 2. Zak sweeps the garden for 45 minutes. Zain cleans the barbeque for 68 mins. How many hours and minutes is this?
- 3. In April 2020, the International Space Station has been in orbit for 257 months. How many years and months is that?







Ages 11-14



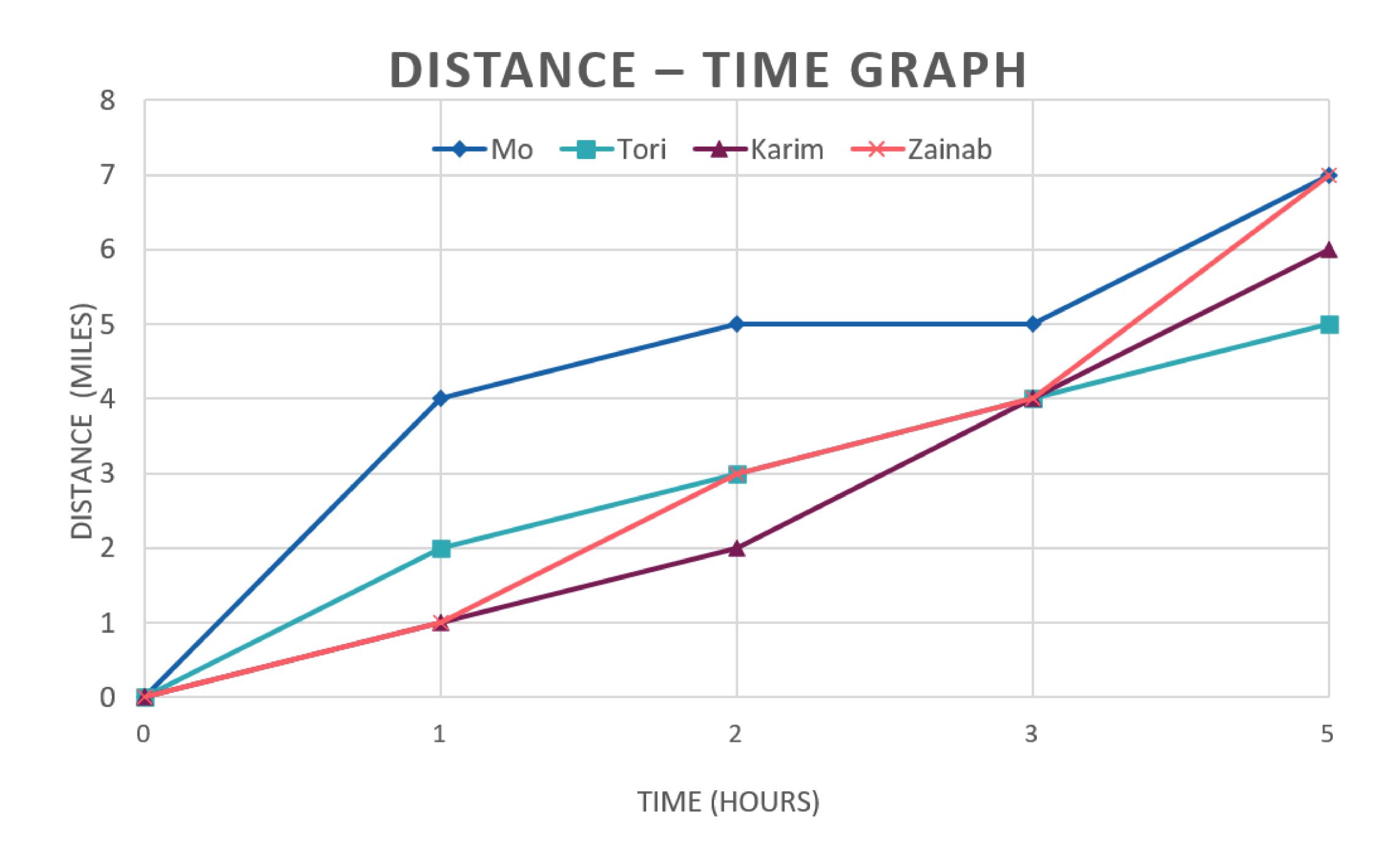
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- 4. A football match ran in to extra time. In total it lasted 99 minutes. How many hours and minutes is this?
- 2. James took 3600 seconds to complete two 'PE with Joe' sessions. How many hours did this take?

Challenge three



Mo, Tori, Karin and Zainab walked around Edinburgh for 5 hours. Complete the questions about their day.

- 1. Who was stationary for 1 hour?
- 2. Who had the quickest pace in the first hour?
- 3. Which two people covered the most distance in 5 hours.
- 4. Circle the word to complete the sentence:

 The gradient of Tori's line between 1 and 5 hours shows her speed was

 Constant

 Stationary

 Inconsistent.
- 6. Circle the word to complete the sentence:

 The greater the gradient the greater the Speed Time Constant.

