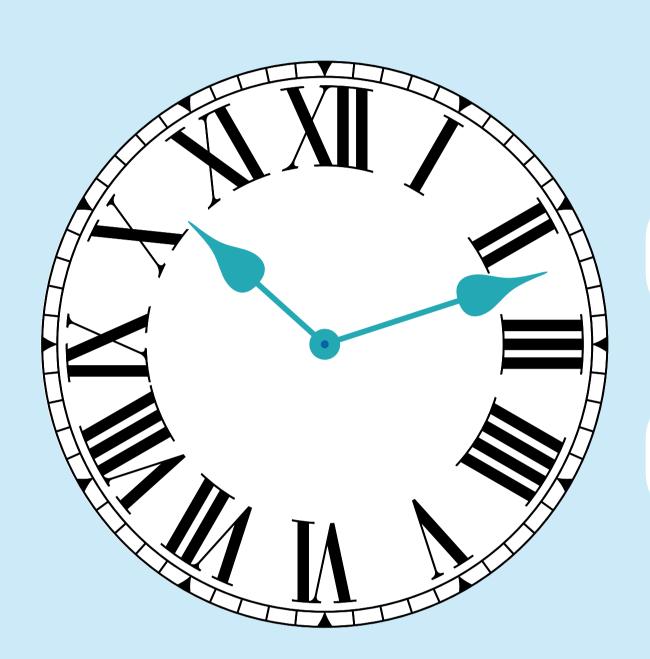


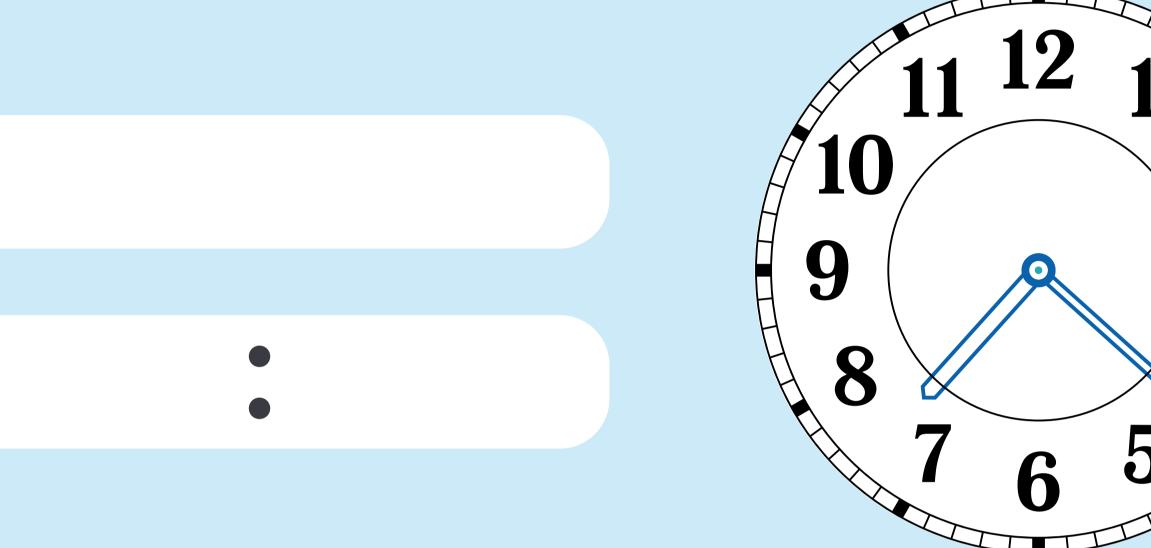
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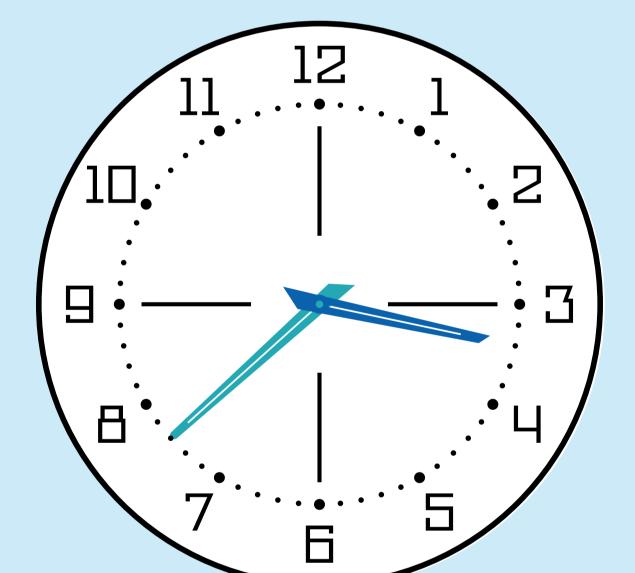


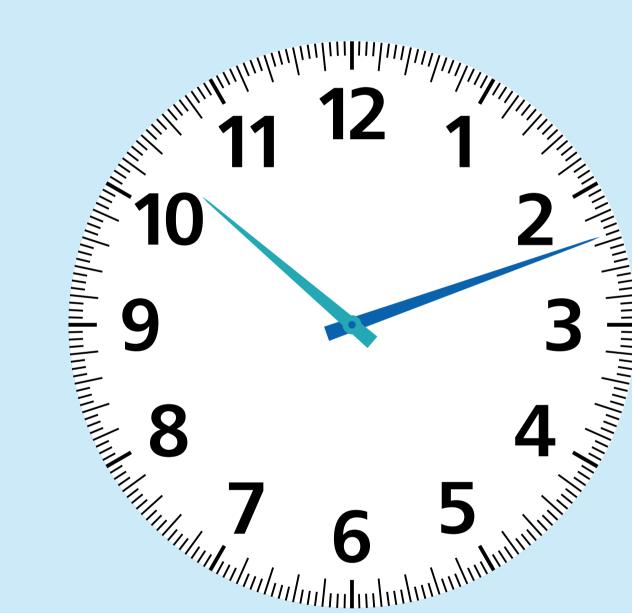
Challenge one

Write the times shown on these clocks. Can you write them in digital and analogue?









2

Challenge two

Estimate how long each of these activities will take. Then time yourself and calculate the difference.



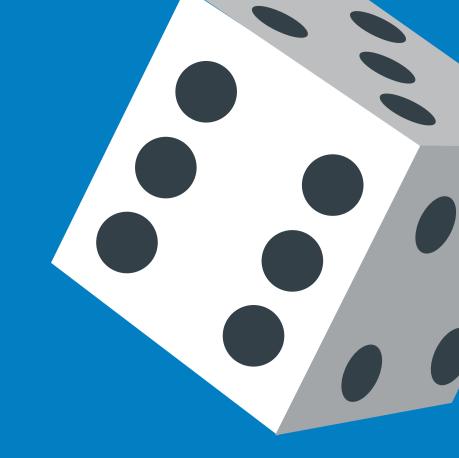


Activity	Estimation	Difference
Tying a shoelace		
Walking around your kitchen 10 times		
Doing 10 squats		
Reading a chapter of a book		
Washing the dishes		



Mid-Morning Mid-Mo

Ages 7-11



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Activity	Estimation	Difference
Tidying your room		
Throwing and catching a ball 5 times		
Eating a snack		
Watching your favourite show		
Clapping 17 times		

2

Challenge three

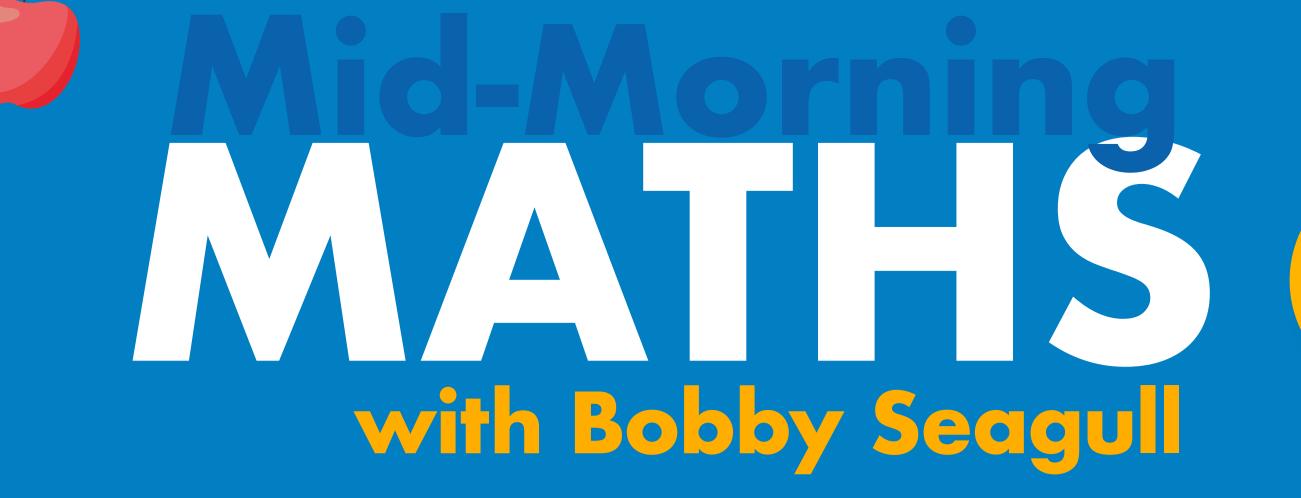
Complete the questions using this timetable.

Explore Travel – train timetable			
Edinburgh	07:00	08:30	10:00
Newcastle	08:44	10:15	11:45
Doncaster	10:18	11:47	13:18
King's Cross	11:55	13:25	14:19



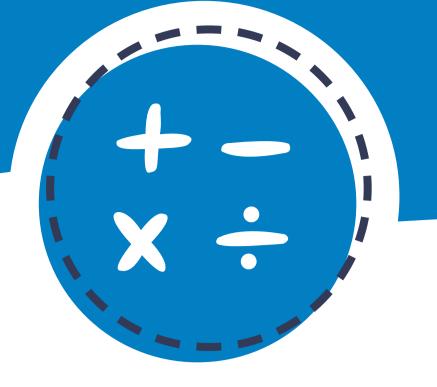
- 1. When taking the 10:15 train from Newcastle how long does it take to travel to Doncaster?
- 2. How long does the 11:47 from Doncaster take to travel to King's Cross?
- 3. For the train that left Edinburgh at 07:00 how long did it take to travel to King's Cross?
- 4. What is the difference in journey time from Edinburgh to King's Cross between the 7am train and the 10am train?
- 5. The 8:30 train from Edinburgh is delayed by 45 minutes. At what times does it arrive in Newcastle?





Ages 7-11





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TIME	
TIME	
11116	

7. A replacement bus is provided between Newcastle and Doncaster, for the 08:44 train. It arrives 43 mins late. What time does it arrive?
8. A train departing King's Cross at 17:18 takes 2 hours and 51 minutes to arrive in Hull. At what time does it arrive?

6. The train arriving in Doncaster at 11:47 is ahead of schedule by 7 mins. What time does it arrive?

9	

Challenge four

Create your own timetable and questions then test them on someone in your family.



Questions

