Problem-Solving Strategy Make a Table

Make a table to solve each problem.

1. Rita lifts a weight 6 times in 1 minute. How many minutes will it take her to lift the same weight 30 times?

Number of lifts			
Minutes			

2. Phil does 3 sit-ups on the first day of school. He doubles the number of sit-ups he does every day for 5 days. How many sit-ups will Phil do on the fifth day?

Days			
Sit-ups			

Test Prep Circle the correct letter for each correct answer.

Yolanda runs 4 miles a day to stay is shape. Read the table and answer the questions below.

Days	1	2	3	?	5	6	7	8
Miles run	4	8	12	16	20	24	28	?

- **3.** How many days will it take Yolanda to run 16 miles?
 - A 4 days
 - **B** 5 days
 - C 7 days
 - **D** 8 days

- **4.** How many miles will Yolanda run In eight days?
 - F 8 miles
 - **G** 24 miles
 - H 32 miles
 - J 40 miles